

Running Resume (Sample) - *Name*

States:

yyyy 55mHH State Champion
yyyy High Jump 3rd place Finish
yyyy Indoor High Jump State Champion
yyyy Indoor 55mHH State Champion
yyyy Outdoor 300mH State Champion
yyyy Outdoor 110mHH 2nd place Finish

Regionals:

yyyy Indoor 55mHH Regional Champion
yyyy Indoor High Jump Regional Champion
yyyy Outdoor 300mH Regional Champion
yyyy Outdoor 110mHH 2nd place Finish
yyyy Outdoor High Jump 2nd Place Finish

Baysides:

yyyy Indoor 55mHH Bayside Champion
yyyy Indoor High Jump 2nd Place Finish
yyyy Outdoor 110mHH Bayside Champion
yyyy Outdoor 300mHH 2nd Place Finish

Awards:

Mountaire Scholar Athlete Award (January yyyy)
Indoor Track yyyy-yyyy Most Determined
Outdoor Track yyyy-yyyy Most Valuable Player
Indoor Track yyyy-yyyy Most Valuable Player
Achievement Award yyyy (Track) Somerset County
Certificate of Achievement (Track) yyyy Somerset County
Certificate of Achievement (Track) yyyy Crisfield Mayor and Council

Training:

Nike Running Camp yyyy
Random University Track Camp yyyy
Naval Academy Track Camp yyyy

Running Event Volunteering

Ben Layton 5K Race Volunteer, yyyy
Eagleman Triathlon Race Volunteer, yyyy

