

# EASTERN SHORE RUNNING CLUB SCHOLARSHIP

## Award Guidelines

- A. Choice of School: Applicants must be accepted for full time enrollment at an accredited four-year college or university, or an accredited two-year institution.
- B. Who May Apply: Applicants must be graduating seniors of a Wicomico, Worcester, or Somerset County high school or participating in a home-schooling program residing in one of those counties. Graduating seniors of Delmar High School residing in either Maryland or Delaware are eligible to apply as well.
- C. Qualifications: Applicants must have a reputation of good character, be a well-rounded citizen and participating on an organized track and/or cross-country team or if not possible participating in running events. Successful applicants should demonstrate they have the maturity and commitment to succeed in college. Applicants must have a minimum 3.0 GPA.
- D. Nature of Award: \$1,000 for one academic year
- E. Essay: Applicants must submit a typed, 150-word essay, written by the applicant, addressing each of the questions below:
- Describe your cross country/track experience and how it has helped you in your life.
  - How do you plan to pursue running in your future endeavors?
  - How can running impact our community?
- F. How to Apply: Applications are available at <http://www.esrclub.org> or [CFES.org](http://CFES.org). Completed applications must be submitted to the Scholarship Advisory Committee no later than **March 15<sup>th</sup>** to be considered for a scholarship award. An application is complete and considered for a scholarship award only when the following have been submitted:
1. A completed scholarship application
  2. Official high school transcript of grades
  3. Letter of acceptance from a college or university
  4. Two letters of recommendation from non-family members (e.g., teacher, guidance counselor, employer, athletic coach, etc.)
  5. Typed essay as described in Part E.
  6. Your running resume which lists all high school running achievements, awarded running events, race event volunteering, additional awards and training completed (e.g., running camps or clinics) See <https://www.esrclub.org/scholarship> and “Click here to see an example” of a running resume.

Applicant may be required to be interviewed by the Scholarship Advisory Committee

The scholarship review committee will not consider applications without all the required items listed in Part F.

Attach all required items to **ONE** email by the due date.

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## Application

**Student Name** \_\_\_\_\_  
Last First M.I.

**Permanent Address** \_\_\_\_\_  
Street City State Zip

**Permanent Email Address** \_\_\_\_\_

**Telephone** \_\_\_\_\_ **Student ID or Last 4 Digits of SS#** \_\_\_\_\_

**High School** \_\_\_\_\_ **Graduation Date** \_\_\_\_\_

Street City State Zip

**College or University for which aid is requested** \_\_\_\_\_

Street City State Zip

**Entrance Date** \_\_\_\_\_

### **Required Attachments:**

1. Official high school transcript of grades
2. Letter of acceptance from college or university
3. Two letters of recommendation from non-family
4. Essay as described in Award Guidelines Part E.
5. Running resume as described in Award Guidelines Part F.

**The ESRC Scholarship Committee requires that the completed application and required attachments are emailed in a single email to [scholarship@esrclub.org](mailto:scholarship@esrclub.org). Applicants may also use this email address to ask any questions to complete this application.**

### **APPLICATION DEADLINE: MARCH 15<sup>TH</sup>**

*I certify that I am a legal resident of \_\_\_\_\_ County, State of \_\_\_\_\_ and that all information on this form is true and complete to the best of my knowledge.*

\_\_\_\_\_  
Applicant Signature Date Parent/Guardian Signature (if applicant under age 18) Date